

COMPREHENSIVE INITIAL PACKAGE

**LET'S CONNECT THE DOTS
& UNCOVER THE ROOT CAUSE
OF WHY YOU DON'T FEEL LIKE YOURSELF!**

BEFORE OUR CONSULTATION I WILL:

- Review your completed health questionnaire
- Analyze your provided biochemical test results
- Recommend additional blood or stool tests
- Prepare a letter for your GP requesting additional tests
- Research, review and analyze your medication & supplements
- Thoroughly review your 5-day food diary & lifestyle tracker
- Prepare additional questions for our one-to-one meeting

DURING OUR CONSULTATION, I WILL:

- Point out the connection between your health issues and blood test results and explain the root cause
- Interpret your biochemical blood results and explain the impact on your health
- Point out dietary mistakes and suggest sustainable alternatives to avoid nutritional deficiencies
- Suggest strategies that would help you optimize your lifestyle and restore your health



AFTER OUR CONSULTATION I WILL:

- Summarize the agreed action plan and supplement recommendations
- Provide a Zoom recording and any information discussed during the consultation (links to products, worksheets).
- Recommend a personalized package to help you correct deficiencies, prevent disease, and get you back on track.

WHAT IS INCLUDED IN THIS PACKAGE?

- 1X 90MINUTE COMPREHENSIVE ANALYSIS
- ZOOM RECORDING AND PERSONALIZED ACTION PLAN
- ACCESS TO ONLINE COURSE MEAL PLANS & COOKBOOKS

Reimbursed by complementary health insurance

YOUR INVESTMENT:
397 EUROS/CHF



Fondation suisse
pour les médecines
complémentaires



Validity of the package: 90 days from the purchase date