

FUNCTIONAL MEDICINE 360°

ALL INCLUSIVE CONCIERGE SERVICES

WHO IS THIS FOR?

- Are you a **busy professional** who values time and health?
- Have you noticed subtle but worrying changes in your **energy, weight, mood, or performance?**
- Are you tired of guessing and want someone to order the cutting-edge tests, explain what's happening, and give you a clear plan?
- Do you want to **invest in prevention, slow ageing, and get back to feeling like yourself again, without wasting years trying to figure it out alone?**



WHAT'S IN IT FOR YOU?

- Based on your symptoms, I will order cutting-edge functional medicine tests (blood, stool, DNA, hormone panels) to be delivered to your home.
- I'll analyse and interpret the results, uncovering the root cause of your fatigue, inflammation, gut issues, or hormonal imbalance.
- I will recommend personalised meals, supplement protocols, and targeted **nutrigenomics** based on your biochemistry—no guesswork.
- I'll help you buy back time and energy by managing the logistics, sourcing trusted brands, and explaining everything clearly.
- You'll get a clear roadmap to reverse symptoms, prevent chronic illness, and feel empowered to stay healthy for life.
- I'll take care of the complexity so you can focus on feeling like yourself again.



WHAT WILL YOU GET ?

THE CONCIERGE SERVICE YOU'VE BEEN LOOKING FOR

- 1 x **comprehensive initial analysis**, including **90 minutes of consultation**
- 6 x 45-minute **private follow-up sessions**
- 6 months of access to all HAPPY HORMONES weekly group sessions (30 minutes of **LIVE Q&A** group sessions and 30 minutes of **hormone yoga therapy** online practice)
- 6 months of **access to ALL ONLINE self-paced COURSES**:
 - **EAT CLEAN, GET LEAN**
 - **MEAL PLANS & FUNCTIONAL MEDICINE PROTOCOLS**
 - **SCIENCE OF THE WEIGHT LOSS & INTERMITTENT FASTING**
 - **HORMONE YOGA THERAPY**
 - **BODY & MIND DETOX**
 - **UNLOCK THE SECRETS OF ANTI-AGEING**
 - **VISION BOARD & MINDSET TOOLS**

GET INSPIRED with "self-paced" modules including:

- Workbooks
- Action plans
- Cookbooks
- Swipe files
- Templates
- Video recipes
- Exercise videos



REAL VALUE. REAL RESULTS. BECAUSE GUESSWORK IS EXPENSIVE.

TOTAL VALUE: 15,460 CHF

This isn't just a programme. It's 6 months of high-level, concierge-style health transformation experience with Switzerland's best functional medicine practitioner and holistic nutritionist.

OPTION #1 – PAY IN FULL: 3,997 CHF (INCLUDING VAT 8,1%)

Unlock over 1,000 CHF in exclusive bonuses:

- Personalised 90-day **supplement package** (value 300 CHF)
- **Precision nutrigenomics** based on your DNA results
- Functional medicine lab tests worth 700 CHF
- **Private 2-hour hormone yoga therapy workshop**

The most complete and cost-effective path to lasting results – everything you need is included.

OPTION #2 - Pay in instalments without bonuses

PAYMENT PLAN: 6 x 666 CHF

- Lab tests, supplements, and private yoga session are not included in this option

IS THERE A GUARANTEE?

YOUR EFFORT = YOUR RESULTS GUARANTEE

"You can lead a horse to water but can't make it drink."

I can't physically control your actions or your thinking.

I can't implement lifestyle changes for you.
That's why your results are up to you.

"You get out what you put in."

I will support you every step of the way, but you need to do the work and commit to change.

