

FUNCTIONAL MEDICINE 360°

WHO IS THIS FOR?

- Are you a **busy professional** who values time and health?
- Have you noticed any subtle yet concerning changes in your hormones, **energy, weight, mood, or performance**?
- Are you tired of guessing and want the cutting-edge tests which explain what's happening, and give you answers?
- Do you want to **invest in prevention, slow the ageing process, and get back to feeling like yourself again, without wasting years trying to figure it out alone**?



WHAT'S IN IT FOR YOU?

Based on your symptoms, I recommend the most relevant functional medicine tests (blood, stool, DNA, hormone panels) and advise you and support you with the ordering process.**

****Advanced functional medicine testing is excluded from the package fee and is self-funded. Standard health insurance does not cover these tests, except for CIGNA.**

- I **analyse and interpret** your results in depth, uncovering the root causes of fatigue, inflammation, gut issues, or hormonal imbalance.
- I recommend **personalised meals, supplement protocols, and targeted nutrigenomics** based on your biochemistry, no guesswork.
- I help you reclaim **time and energy** by managing logistics, sourcing trusted brands, and explaining precisely what to do.
- You receive a clear roadmap to reverse symptoms, protect your long-term health, and feel confident maintaining results.
- I **take care of the complexity so you can focus on feeling like yourself again.**

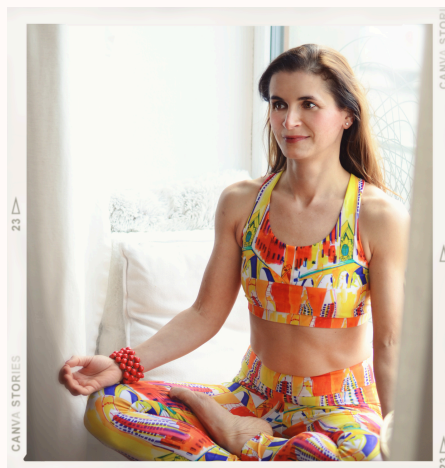
WHAT WILL YOU GET ?

THE PREMIUM SERVICE YOU'VE BEEN LOOKING FOR

- 1 x **comprehensive initial analysis, including 10 hours of preparation, 90-minute consultation & written summary report** (720 CHF excl. VAT)
- 6 x 45-minute **private follow-up sessions** (6x 180 CHF excl. VAT)
- 6 x 15-minute **URGENT** private ZOOM sessions or phone call
- 6 months of access to weekly **LIVE Q&A Wednesday office hours**
- 6 months of **access to ONLINE self-paced COURSES**:
 - **EAT CLEAN, GET LEAN**
 - **MEAL PLANS & FUNCTIONAL MEDICINE PROTOCOLS**
 - **SCIENCE OF WEIGHT LOSS & INTERMITTENT FASTING**
 - **HORMONE YOGA THERAPY**
 - **BODY & MIND DETOX**
 - **UNLOCK THE SECRETS OF ANTI-AGEING**
 - **VISION BOARD & MINDSET TOOLS**

GET INSPIRED with "self-paced" modules, including:

- Workbooks
- Action plans
- Cookbooks
- Swipe files
- Templates
- Video recipes
- Exercise videos



REAL VALUE. REAL RESULTS. BECAUSE GUESSWORK IS EXPENSIVE.

Invisible work behind the scenes

This isn't just a programme. It's premium, health transformation experience with Switzerland's only certified functional medicine practitioner, IFMCP and registered nutritionist, Blanka Campbell

PAY IN FULL: 2,997 CHF (INCLUDING VAT 8,1%)

(Only private sessions can be recognised by the health insurance system. Courses and group sessions are complementary to some insurance companies. **Contact your provider for details.**

Exclusive bonuses:

- Personalised **supplement package** (value 200 CHF) delivered to your home address with details of the supplement protocol.

The most complete and cost-effective path to lasting results

IS THERE A GUARANTEE?

YOUR EFFORT = YOUR RESULTS GUARANTEE

"You can lead a horse to water but can't make it drink."

I can't physically control your actions or your thinking.

I can't implement lifestyle changes for you.
That's why your results are up to you.

"You get out what you put in."

I will support you every step of the way, but you need to do the work and commit to change.

