

METABOLIC RESET PACKAGE

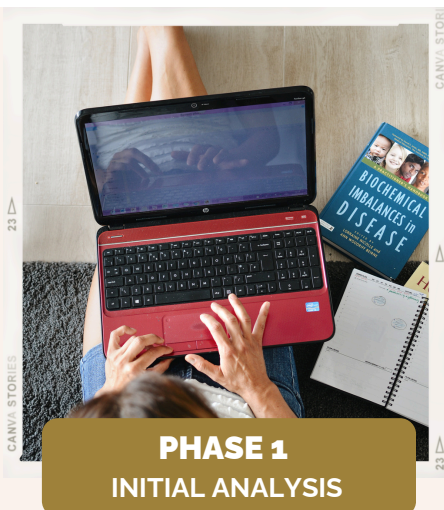
WHO IS THIS FOR?

- Have you noticed changes in your **body shape**, **energy levels**, mental, emotional and physical performance?
- Do your lab tests say "**normal**", but your body disagrees?
- Are you looking for a **second opinion on your health condition** (autoimmune, diabetes, cardiometabolic)?
- Are you ready to take charge of your health before it takes charge of you?



WHAT'S IN IT FOR YOU?

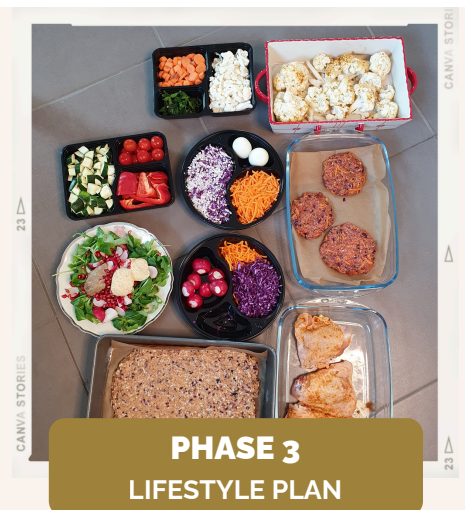
- I'll piece together your test results, symptoms, and lifestyle habits so you finally understand what's really going on — **no more guesswork**.
- You'll get **clear answers** on what's causing your fatigue, weight gain, bloating, or mood swings — and **what to do about it**.
- I'll create a **tailored food and supplement plan** so you can start feeling better fast, with less overwhelm, less trial and error, and more energy for what you love.
- In your follow-up, we'll fine-tune everything to keep you on track and ensure it's working, saving you time, money, and frustration.



PHASE 1
INITIAL ANALYSIS



PHASE 2
BALANCE



PHASE 3
LIFESTYLE PLAN

FROM CONFUSION TO CLARITY

HOLISTIC 1-TO-1 PRIVATE SESSIONS

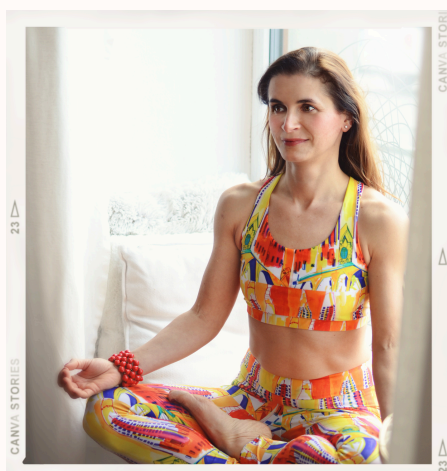
- **1 x comprehensive analysis** (including 10 hours of preparation, 90-minute consultation & written summary report) (720 CHF excl. VAT)
- **1 x 45 minutes** of follow-up private sessions (180 CHF excl. VAT)
- 1 month of **access to a self-paced ONLINE COURSE:**
 - **MEAL PLANS & DIETARY PROTOCOLS & COOKBOOK**
 - **EAT CLEAN, GET LEAN**

INCLUDING:

- WORKBOOKS
- ACTION PLANS
- COOKBOOKS
- TEMPLATES
- VIDEO RECIPES



* THIS PACKAGE **DOES NOT INCLUDE** EMAIL SUPPORT IN BETWEEN SESSIONS OR ACCESS TO LIVE Q&A CALLS WITH BLANKA CAMPBELL.



THE SMARTEST HEALTH INVESTMENT YOU WILL EVER MAKE

YOUR INVESTMENT: 997 CHF (including VAT 8,1%)

Only private sessions can be recognised by health insurance, excluding VAT. Please reach out to your insurance provider for details.

IS THERE A GUARANTEE?

YOUR EFFORT = YOUR RESULTS GUARANTEE

"You can lead a horse to water but can't make it drink."

I can't physically control your actions or your thinking.

I can't implement lifestyle changes for you.
That's why your results are up to you.

"You get out what you put in."

I will support you every step of the way, but you need to
do the work and commit to change.

