

FUNCTIONAL MEDICINE DEEP DIVE SECOND OPINION OR FOLLOW-UP SESSION

WHO IS THIS FOR?

- Have you noticed changes in your **body shape, energy levels**, mental, emotional and physical performance?
- Do your lab tests say "**normal**", but your body disagrees?
- Are you looking for a **second opinion or follow-up session on your health condition (autoimmune, diabetes, gut or hormonal issues)**?



WHAT'S IN IT FOR YOU?

- I'll piece together your test results, symptoms, and lifestyle habits so you finally understand what's really going on — **no more guesswork**.
- You'll get a **second opinion** on what's causing your fatigue, weight gain, bloating, or mood swings — and **what to do about it**.
- I'll suggest a **food and supplement plan** and recommend a package that might suit your needs if we decide to work together.

What is included?

- 1 x analysis of documents and test results, which you want me to review (including up to 5 hours of preparation & summary time)
- **1 x 45 minutes** of online or offline private session to discuss the strategies

YOUR INVESTMENT:

397 CHF (including VAT 8,1%)

Private sessions can be recognised by health insurance, excluding VAT. Please reach out to your insurance provider for details.